



# **ASP-DAC 2011 DESIGNERS' FORUM**

## **YOKOHAMA**





# HUMAN++: WIRELESS AUTONOMOUS SENSOR TECHNOLOGY FOR BODY AREA NETWORKS

**VALER POP**

**IMEC/HOLST CENTRE**

**WITH SUPPORT FROM RUBEN DE FRANCISCO, HANS PFLUG, JUAN  
SANTANA, HUIB VISSER, RUUD VULLERS, HARMKE DE GROOT, BERT  
GYSELINCKX**



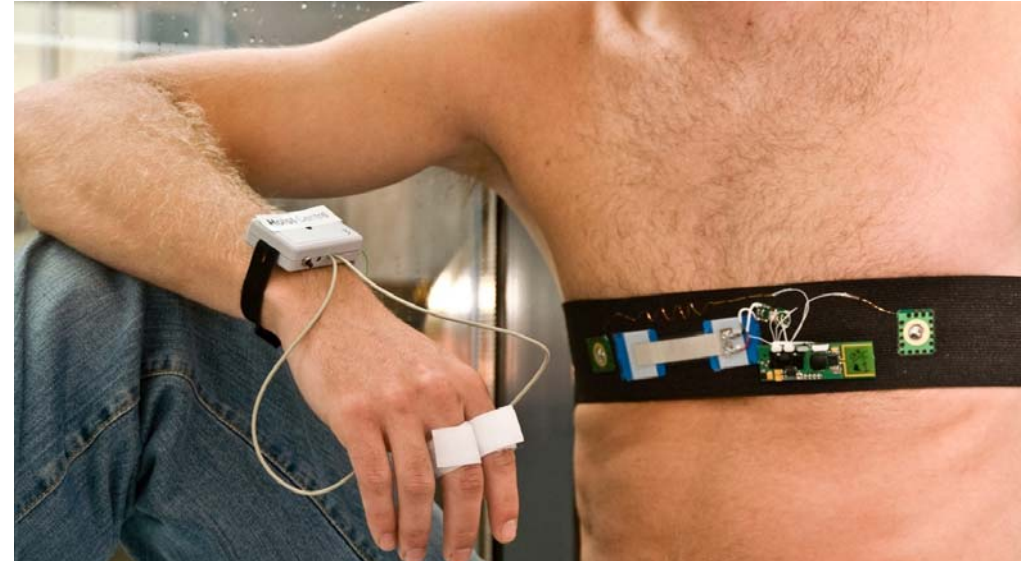
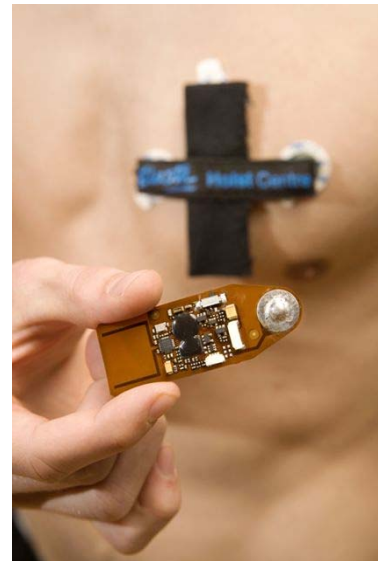
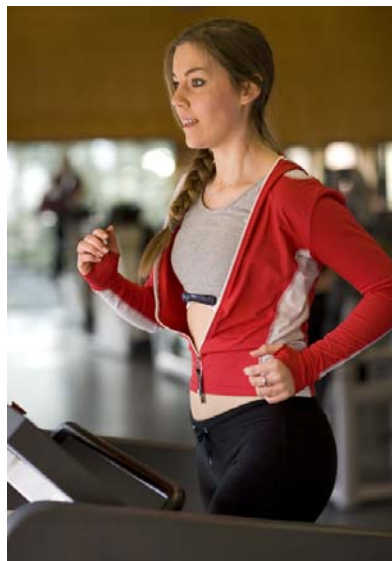
# HUMAN++ VISION





# BODY AREA NETWORKS(BAN) AT IMEC

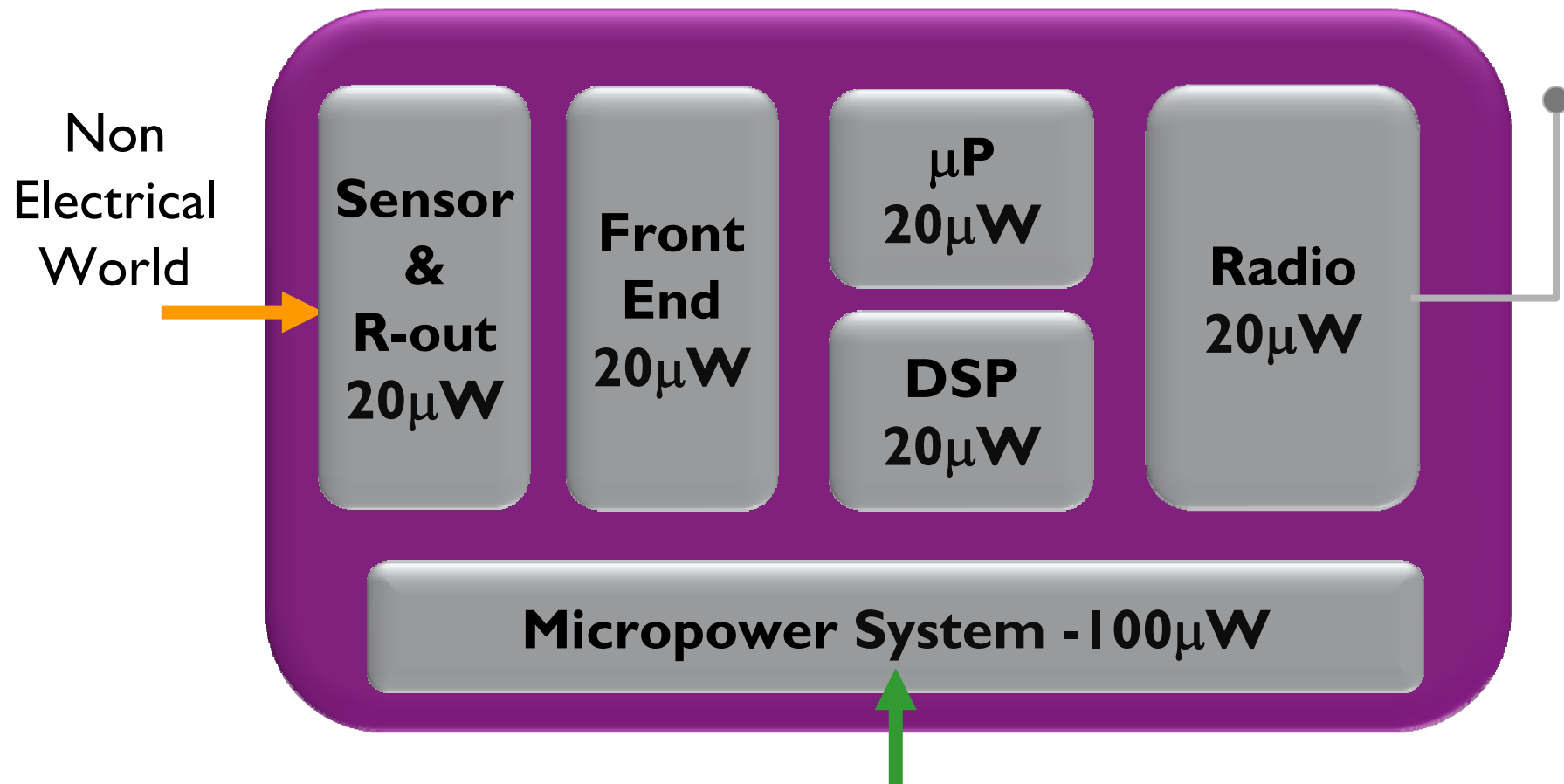
## Enabling wearable and personal health



# SUPPORTED BY A PROFESSIONAL ORGANIZATION AND INFRASTRUCTURE



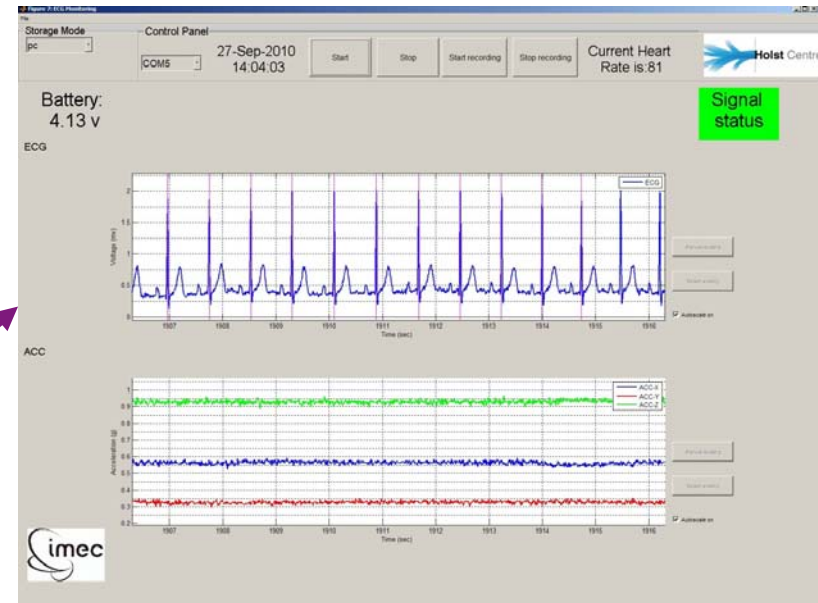
# ULTRA LOW POWER TECHNOLOGY FOR WIRELESS AUTONOMOUS TRANSDUCERS



Thermal, Vibrational, RF, Light, Bio-chemical  
Architectural-level approach important!



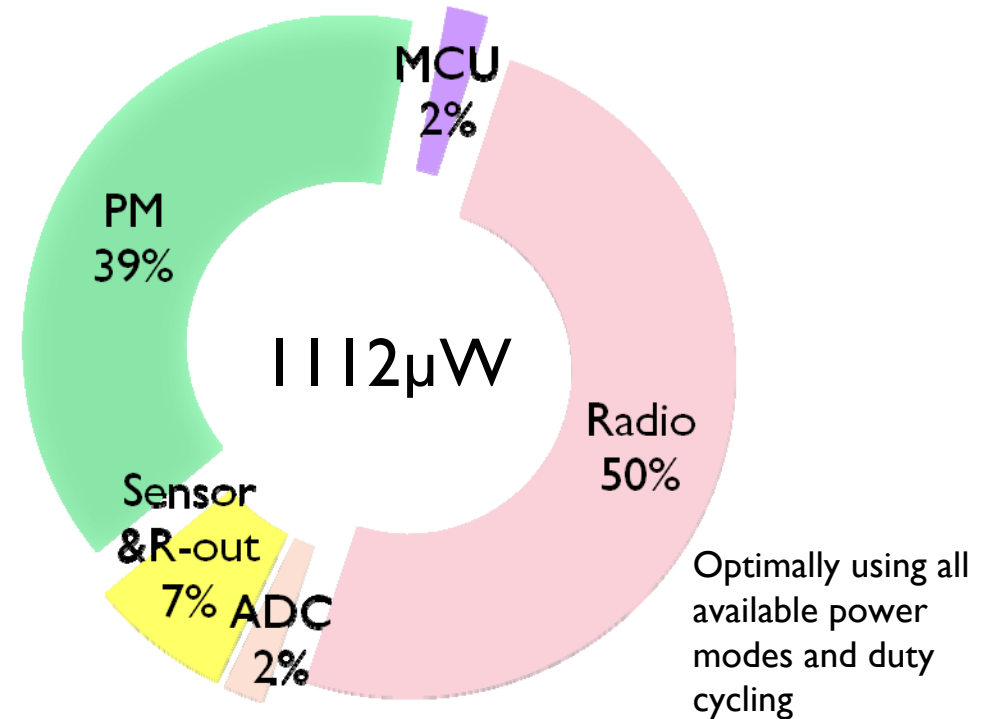
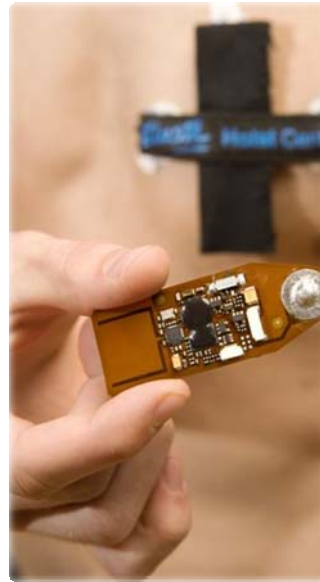
# THE IMEC ROUTE TO A THIN FLEXIBLE PATCH STARTS WITH A NECKLACE



Necklace with arrhythmia analysis and continuous wireless ECG signal transmission



# GOING TO A PATCH IS NOT JUST CHANGING THE FORM FACTOR : POWER IS THE MAIN ISSUE



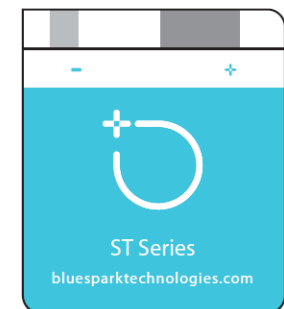
Component	V <sub>dd</sub>
μC: MSP430	2.2
Radio: Nordic nRF24L01	2.2
ADC: MSP430	2.2
Power Manager: TP780	
Bio-potential: imec	3.0
Battery: 140 mAh Li-Ion	3.7
Arrhythmia	remote

Autonomy on 140 mAh secondary battery: 19 days

Assume 6 cm<sup>2</sup> printed thin film primary battery (e.g Blue Spark ST: 1 mAh/cm<sup>2</sup> @ 1.5V):

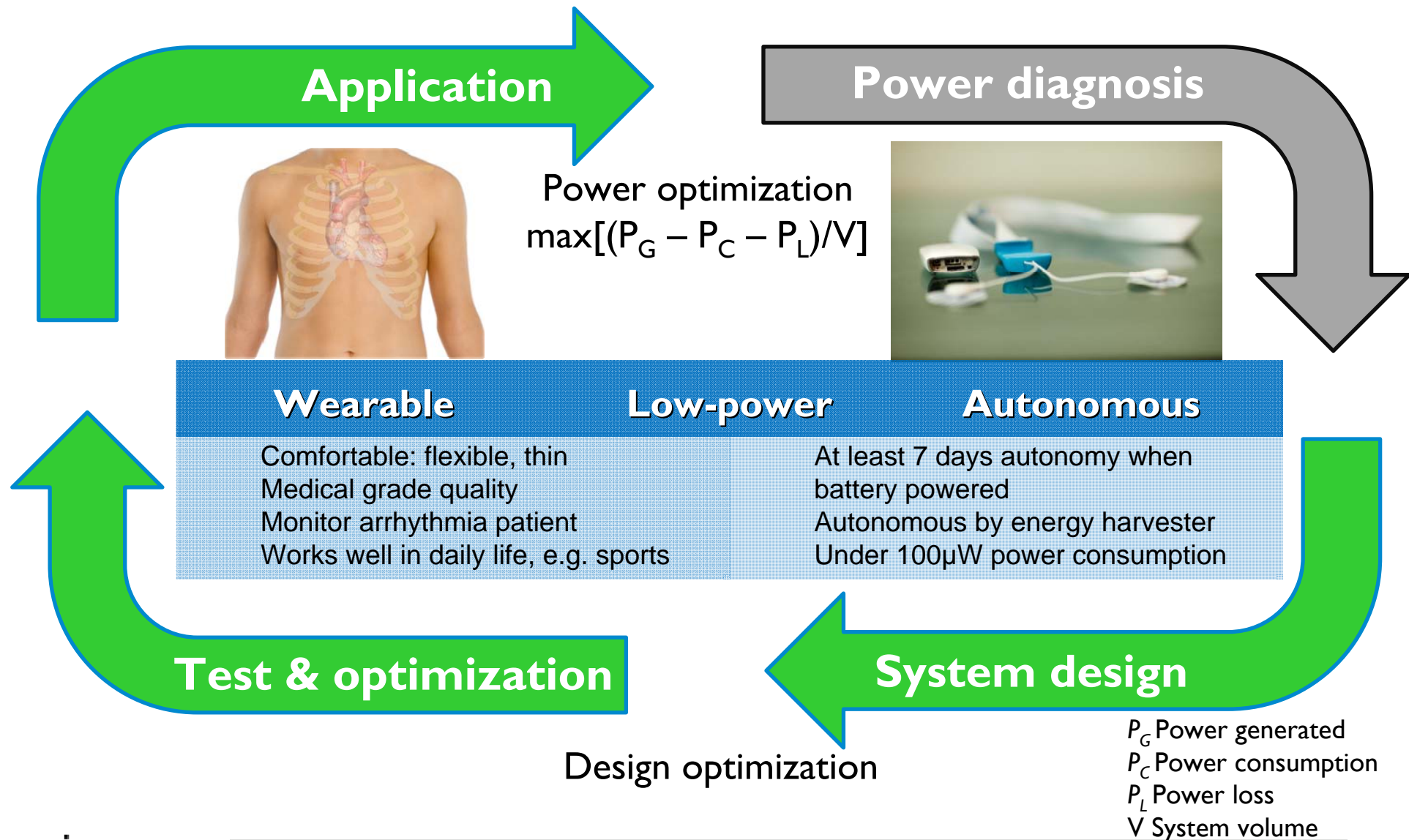
Autonomy on printed battery: 8 hours

Should be improved by 22x, i.e. 50  $\mu$ W





# BAN SYSTEM ARCHITECTURE; POWER DIAGNOSIS BY MODELING



# POWER DIAGNOSIS BY MODELING; ANALOG-TO-DIGITAL CONVERTER & RADIO

## 1. Analog-to-Digital converter power modeling

$$P_{ADC} = V_{dd}^2 L_g f_s 10^{k_1 ENOB - k_2}$$

## 2. Radio modeling

- ▶ free-space path loss model → link budget computation

$$L_{path}(d, f_c) = 20 \log_{10}(d) + 20 \log_{10}(f_c) - 147.5$$

- ▶ select the minimum transmit power available

$$P_{tx} \geq L_{path}(d_{min}, f_c) + P_{sens}$$

### Analog-to-Digital Converter

$V_{dd}$  the supply voltage

$L_g$  the CMOS technology gate length

$f_s$  ADC sampling frequency

$k_1, k_2$  parameters related with the ADC speed

$ENOB$  the effective number of bits

### Radio

$L_{path}$  path length

$d$  the distance transmitter-receiver

$f_c$  the carrier frequency

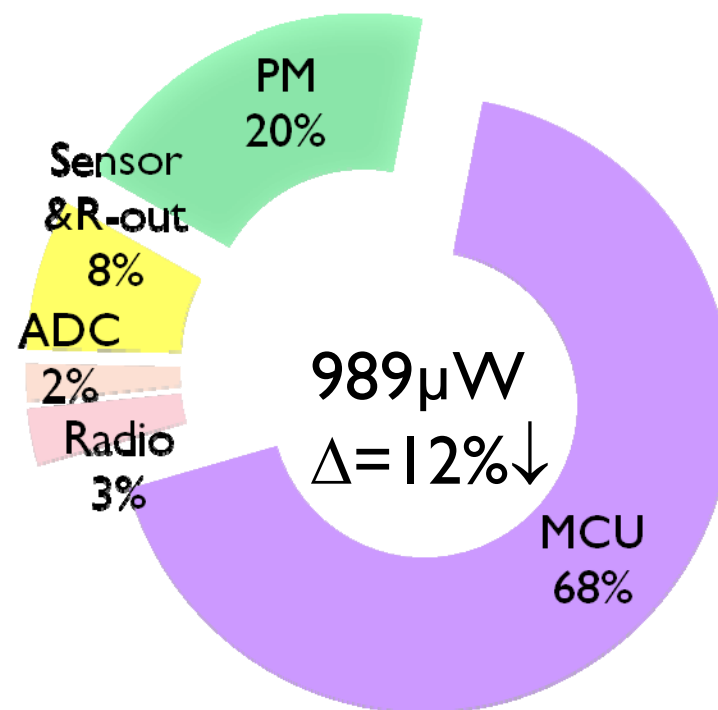
$P_{sens}$  sensitivity level

# POWER DIAGNOSIS BY MODELING; POWER OPTIMIZATION STRATEGY

## Reduce radio power; choices

- More power efficient radio
  - Local processing of arrhythmia algorithms
- This reduces number of samples to be transmitted

Component	V <sub>dd</sub>
μC: MSP430	2.2
Radio: Nordic nRF24L01	2.2
ADC: MSP430	2.2
Power Manager: TP780	
Bio-potential: imec	3.0
Battery: 140 mAh Li-Ion	3.7
Arrhythmia	local



**Processor power dominated**



# POWER DIAGNOSIS BY MODELING; POWER OPTIMIZATION STRATEGY

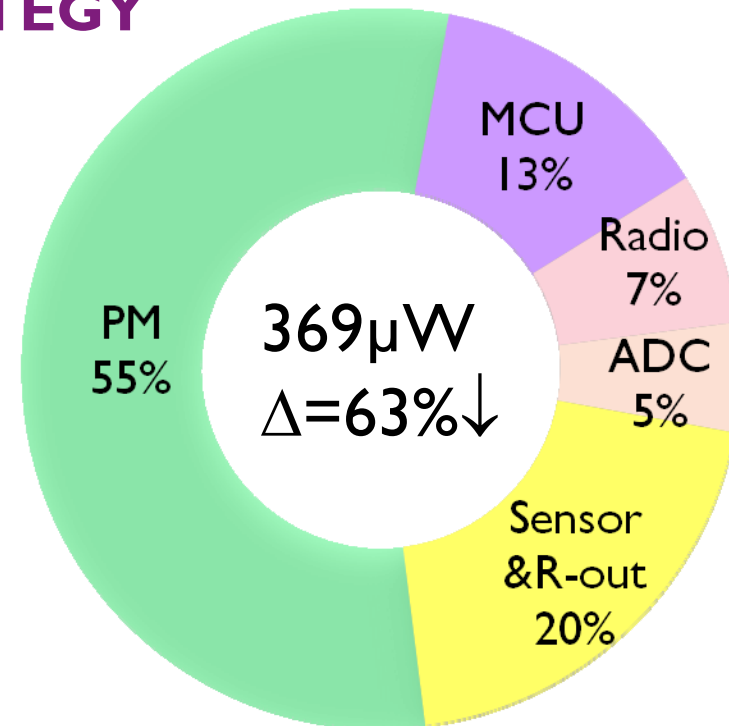
## Reduce processor power

Use Cortex M3 based processor with embedded frequency and power management (130nm instead of 180nm)

Optimize implementation of algorithm for the processor: biggest gain...



Component	V <sub>dd</sub>
μC: <b>EFM32G890</b>	2.2
Radio: Nordic nRF24L01	2.2
ADC: MSP430	2.2
Power Manager: TP780	
Bio-potential: imec	3.0
Battery: 140 mAh Li-Ion	3.7
Arrhythmia	local



**Power management power dominated**

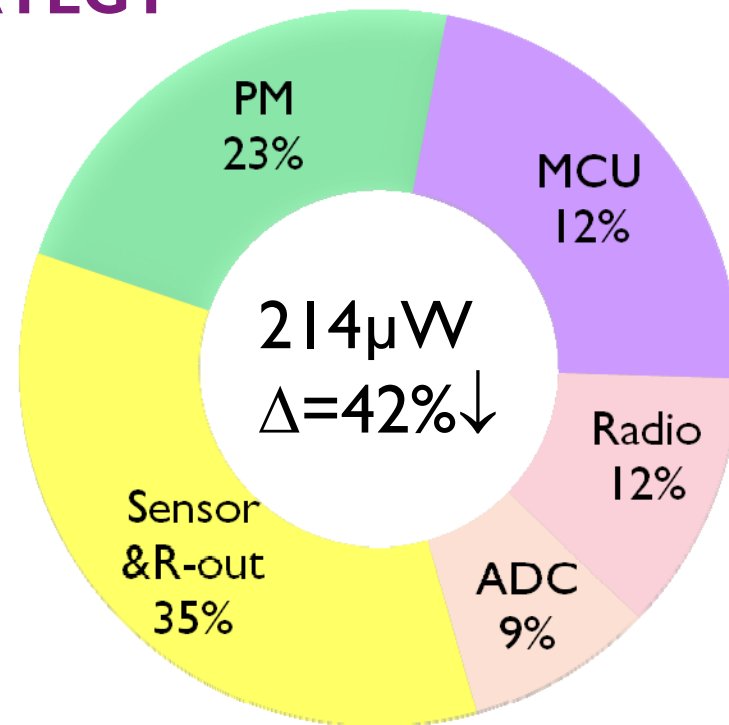
# POWER DIAGNOSIS BY MODELING; POWER OPTIMIZATION STRATEGY

## Reduce power management power

Originally, a linear regulator used:  
dissipates power caused by difference  
Battery voltage – Operating voltage

Replaced by switching regulator  
of Linear Technologies

Component	V <sub>dd</sub>
μC: EFM32G890	2.2
Radio: Nordic nRF24L01	2.2
ADC: MSP430	2.2
Power Manager: <b>LTC3100 +C</b>	
Bio-potential: imec	3.0
Battery: 140 mAh Li-Ion	3.7
Arrhythmia	local



**Biopotential power dominated**

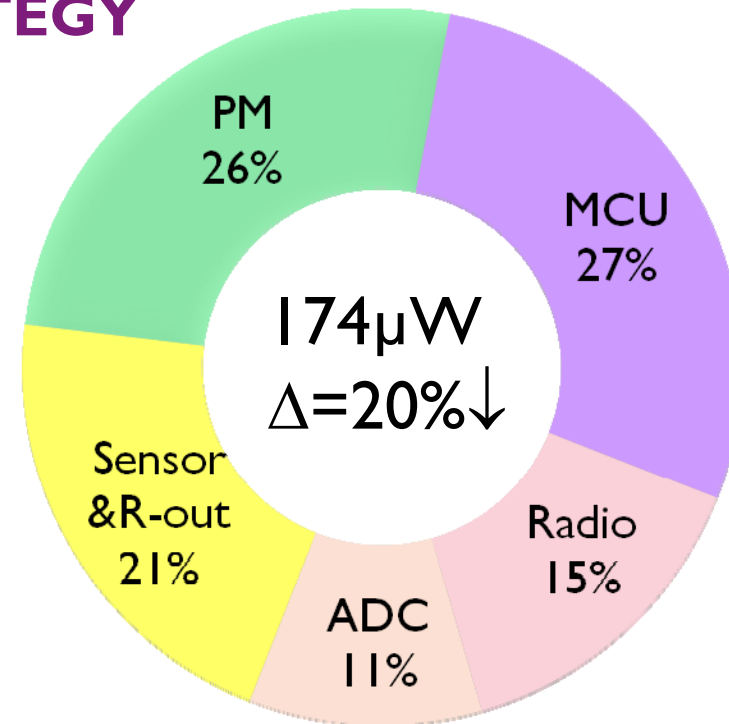
# POWER DIAGNOSIS BY MODELING; DESIGN OPTIMIZATION STRATEGY

## Reduce bio-potential power

Reduce power supply voltage of bio-potential chip to same voltage as digital  
Reduces also power management losses

Challenge to obtain same noise level!

Component	V <sub>dd</sub>
μC: EFM32G890	2.2
Radio: Nordic nRF24L01	2.2
ADC: MSP430	2.2
Power Manager: LTC3100+C	
Bio-potential: imec	2.2
Battery: 140 mAh Li-Ion	3.7
Arrhythmia	local



Autonomy off necklace: 2.5 months

Autonomy on printed battery of 6cm<sup>2</sup>: 1.5 days

FYI: replacing the Nordic radio by Bluetooth Low Energy would increase the power to 232μW (Δ=33%↑)

Power consumption pretty balanced



# POWER DIAGNOSIS BY MODELING; DESIGN OPTIMIZATION STRATEGY

## Low-power design

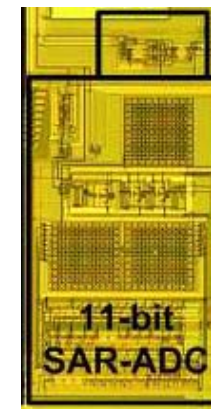
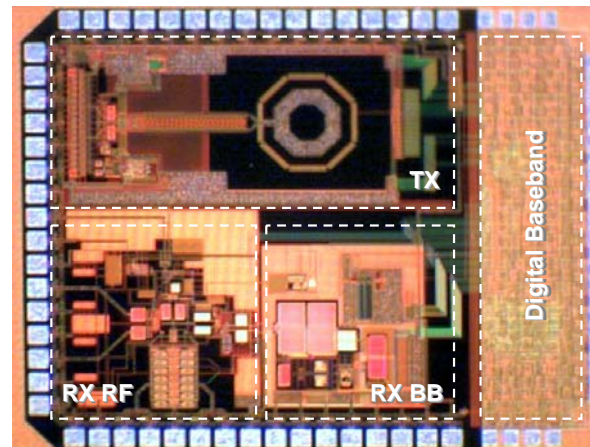
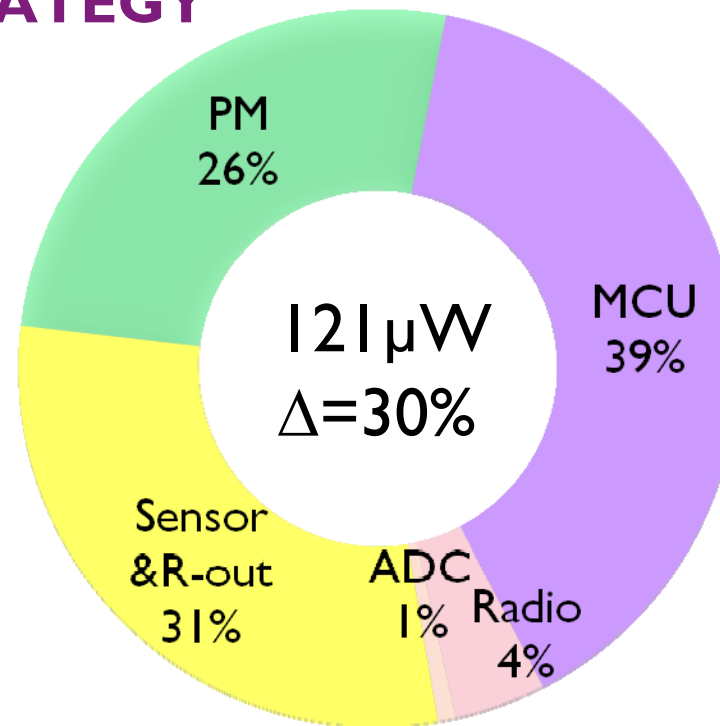
Replace the Nordic radio by own design



Replace the MSP ADC by own design



Component	V <sub>dd</sub>
μC: EFM32G890	2.2
Radio: <b>imec</b>	<b>1.2</b>
ADC: <b>imec</b>	<b>2.0</b>
Power Manager: LTC3100+C	
Bio-potential: imec	2.2
Battery: 140 mAh Li-Ion	3.7
Arrhythmia	local



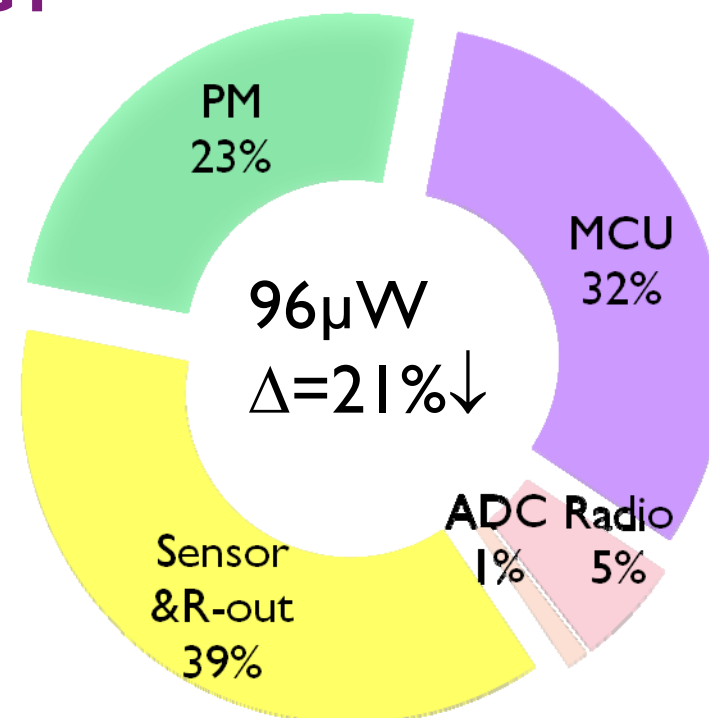
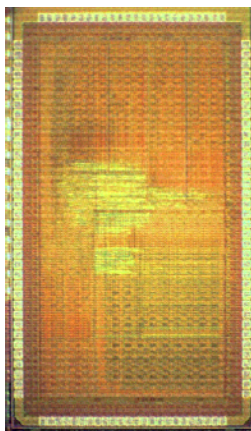
# POWER DIAGNOSIS BY MODELING; DESIGN OPTIMIZATION STRATEGY

## Low-power design

Replace the processor by own design



Replace battery by Panasonic battery



Autonomy off necklace: 3.5 months

Autonomy on printed battery of 6cm<sup>2</sup>: 2.2 days

**Power diagnosis by modeling based on measured component power of real Si**

Component	V <sub>dd</sub>
μC: <b>imec</b>	<b>1.2</b>
Radio: imec	1.2
ADC: imec	2.2
Power Manager: LTC3100+C	
Bio-potential: imec	2.2
Battery: <b>140 mAh Li-Ion</b>	<b>2.4</b>
Arrhythmia	local

# WHAT IS STILL POSSIBLE TO REACH 50 $\mu$ W?

1. Reduce processor  $V_{dd}$  to 0.7V

- Works! Paper in press. at ISSCC2011



2. Reduce supply voltage instrumentation amplifiers to 1.2V

- Works! Paper in prep. for VLSI 2011



3. Reduce battery voltage to 1.5V

- Possible since all circuits operate on 1.2V

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## Bottom line

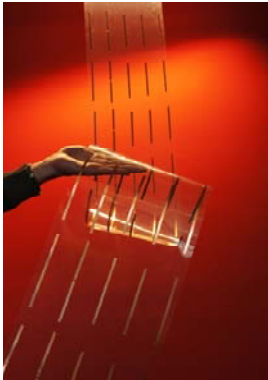
- Estimated power consumption: 51  $\mu$ W
- Autonomy on 6 cm<sup>2</sup> thin film printed battery: 6 days

Could we replace the primary battery with energy harvesting?

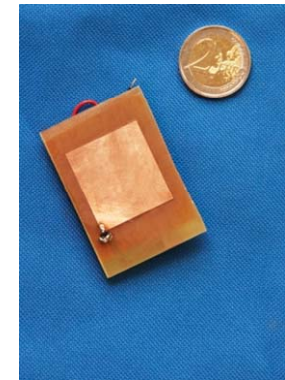
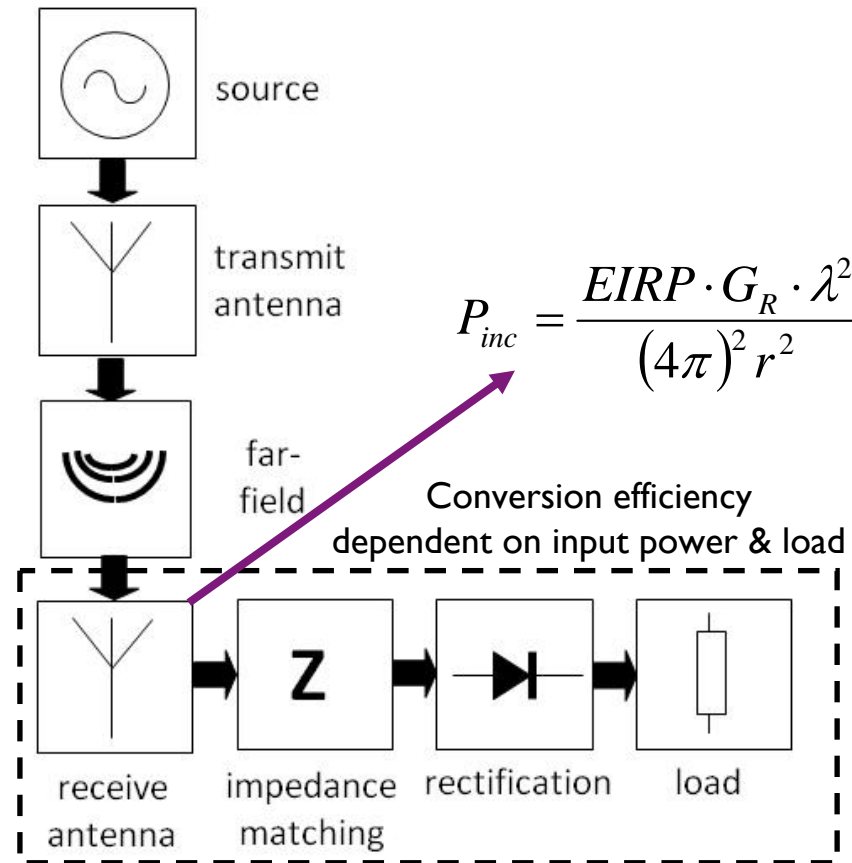
- Radio-Frequency (RF)
- Thermo-electric generator
  - Works! Paper in prep. for VLSI 2011



# COULD WE REPLACE THE PRIMARY BATTERY WITH RADIO-FREQUENCY HARVESTER?



Flexible RF harvester (imec)



Rigid RF harvester (imec)

**RF harvester power**  
 Area 40x55mm  
 100μW at  $P_{inc} = -4\text{dBm}$   
 & 2.45GHz

$P_{inc}$  power incident upon the rectifying circuit  
 $G_R$  the receive antenna gain  
 $r$  distance transmit - receive antenna

$EIRP$  Effective Isotropic Radiated Power  
 $\lambda$  the used wavelength

# CONCLUSION

It is time to make electronics autonomous

- ▶ Needs **autonomous interfacing** to the world
- ▶ Needs architectural **power diagnosis** and **power optimization**
- ▶ Electronics will evolve from toys-for-boys to hidden electronics that helps **solving the grand challenges** our society faces
- ▶ Bringing sensors to the right power point requires **full system view, multi-disciplinary effort**



**ASPIRE  
INVENT  
ACHIEVE**

